



## Multilingual Support Services at Uprise Health

### Comprehensive Support in Your Preferred Language

At Uprise Health, we recognize the importance of providing mental healthcare and support services in a language that you are most comfortable with. We are committed to offering multilingual support to ensure every member can access the care they need with ease and confidence.

### Multilingual Support for Counseling Sessions

When you reach out to our counselling support team, you have access to over 200 different languages. Our intake team works in real time with translators to connect you with a provider that meets your unique needs. Additionally, our network expands by hundreds of therapists every month, enhancing our ability to match you with a professional who speaks your preferred language. To get started, simply call the EAP and request your desired language, and we will handle the rest, ensuring the highest level of support.

### Financial Support

We offer financial coaching services in English and Spanish, and upon request, in other languages at no additional charge. Our dedicated support team is ready to assist you in managing your finances and achieving your financial goals in the language that you understand best. Please call the EAP to be matched with a financial coach who speaks your preferred language, and let us provide you with the guidance you need to succeed.

### Legal Support

Our support team can answer calls in both English and Spanish. For additional languages, we utilize LanguageLine to ensure clear and effective communication. We can match you with an attorney who speaks your preferred language, with over 50 languages available in our network. To access legal support, call the EAP and specify your language preference. We are here to provide you with the support you need, in the language you speak.

### We're Here to Help

Uprise Health is dedicated to transforming the delivery and accessibility of mental healthcare. By offering multilingual support services, we ensure that language is never a barrier to receiving quality care. **For any support needs in your preferred language, call the EAP: 1-800-395-1616**